



76

## ROCKING THE WAVES

What kind of man is this? Even the  
wind and the waves obey him!

—MARK 4:41

**Waves are basically our planet's circulation system—they keep the oceans' water constantly on the move.** Even though the oceans make up more than 70 percent of our planet's surface, the water in them doesn't stay in one spot. Some waves are tiny—so tiny you can barely see them. They're called *ripples*. Other waves, like *rogue waves*, can be more than 100 feet tall and can sink even the biggest ships! The top of a wave is called the *crest*, while the bottom is

## BE AMAZED

called a *trough*. Most waves are created by winds, but they can also be created by underwater currents, earthquakes, landslides under the water, or even underwater eruptions of volcanoes.

Jesus knows a thing or two about waves. After all, He made them. And, once, when He and His disciples were in a boat on the Sea of Galilee, a storm with huge waves hit. Jesus had fallen asleep, but when the waves started crashing over the boat, the terrified disciples hurried to wake Him up. Jesus got up and simply said, “Be still”—and the wind and the waves *stopped* (Mark 4:39). The disciples were amazed . . . and a little frightened. What kind of man could do that? The answer is . . . only Jesus. Because even though He was fully human, He was fully God at the same time. That means He had every bit of God's power and strength to command all things. So the next time you're in the middle of a terrifying storm—whether it's a storm of wind and waves or a storm of trouble—run to Jesus. He will see you safely through any kind of storm.

*Tsunamis* can be deadly. Caused by underwater earthquakes or volcanic eruptions, these waves start out small at only a few inches high. But as they get closer and closer to land, they can build up to more than 1,500 feet high!



**Lord, sometimes this world can be pretty scary. Thank You for being a God I can always run to. I know You're always there for me. No matter how bad the storm is, I know You can calm it with just one word.**